



Volunteer Interest Form for The City of Frederick Department of Housing and Human Services

Please note that all interested volunteers must be at least 16 years of age. If not, a parent/guardian must sign for and be present for volunteer service hours

Name: _____

Today's Date: _____

Preferred Method of Contact: Email Phone

Contact Information:

Email: _____

Phone Number: _____

Volunteer Opportunities

Current volunteer opportunities include volunteering in the Soup Kitchen and Food bank. The Soup Kitchen provides an evening meal from 5:30 p.m. to 6:30 p.m. 365 days/a year. Volunteers typically commit to at least 1 day of service from 5:00 p.m. to 7:30 p.m. (dependent upon clean-up).

The Food bank provides a weekly food supply to individuals and families experiencing economic crisis and are unable to afford groceries. Volunteers are asked to commit to at least 1 day of service. Please refer to the question below about availability for days of service (Please note that the Food bank is not open on the weekends).

All volunteers will be asked to fill out an agreement and attend an orientation prior to committing. We ask that you proceed to the following fields to indicate your interest and preference in volunteer opportunities with The City of Frederick Department of Housing and Human Services programs.

Volunteer Interest:

I would like to volunteer with: The Food bank The Soup Kitchen Both

I would like to volunteer as: An Individual A Group

If you selected 'Food bank,' please check the choices below to indicate your availability:

Mondays: 2: 00 p.m. to 4:00 p.m. 7:00 p.m. to 9:00 p.m.

Tuesdays: 2:00 p.m. to 4:00 p.m.

Wednesdays: 7:00 p.m. to 9:00 p.m.

Thursdays: 2:00 p.m. to 4:00 p.m.

Fridays: 2:00 p.m. to 4:00 p.m. Any day

Flexible days for sorting and stocking during the day: 9:00 a.m. to 2 p.m. (arrival and departure can be adjusted)

If you selected 'Soup Kitchen,' please check the choices below to indicate your availability:

Mondays: Tuesdays: Wednesdays:

Thursdays: Fridays: Saturdays: Sundays:

Questions:

Should you have any questions, please email Chloe Scott, Volunteer Coordinator and Business and Marketing Developer using cjscott@cityoffrederickmd.gov. Thank you for your interest in volunteering!

Note: If you are filling out an online copy of this interest form, please email the completed document to the volunteer coordinator using cjscott@cityoffrederickmd.gov.

If you are filling out a paper copy of this interest form, please return it to a staff member at our outreach desk located in the main entrance of our building. Our main entrance is located on:

**100 South Market Street
Frederick, MD 21701**