

# LOCAL RESOURCES FOR FAMILIES AND INDIVIDUALS EXPERIENCING HOMELESSNESS



Compiled, printed & distributed by the  
**Frederick Community Action Agency**

Revised: February 2019



Important Information about where to apply for shelter and services:

**Eviction** – To apply for financial assistance to prevent an eviction, please contact the **Religious Coalition for Emergency Human Needs** at 301-631-2670.

**Families** – To apply for Emergency Shelter if you are homeless, please contact the **Religious Coalition for Emergency Human Needs** at 301-631-2670.

**Families** – To apply for Transitional Housing if you are homeless, please contact the **Frederick Community Action Agency** at 301-600-1506.

**Women & women with young children** – To apply for Emergency Shelter if you are homeless, please contact **Faith House** at 301-695-6633, ext. 213.

**Adults without children** - To apply for Emergency Shelter if you are homeless, please contact **Religious Coalition for Emergency Human Needs** at 301-631-2670.

**Domestic Violence** – For assistance in the event of domestic violence, please contact **Heartly House** at 301-662-8800.

**Homeless or Unaccompanied Youth / Students** – For assistance, please contact **Student Homelessness Initiative Partnership (SHIP)** at 240-415-8971.

## **Homelessness Prevention Programs**

### **Religious Coalition for Emergency Human Needs**

27 Degrange Street, Frederick, Maryland 21701 ♦ Telephone: 301-631-2670  
Emergency financial assistance to prevent evictions and homelessness

### **Frederick Community Action Agency, Office of Home Energy Programs (OHEP)**

420 East Patrick Street, Frederick, MD 21701 ♦ Telephone: 301-600-2410  
Emergency financial assistance to prevent utility shut-offs

### **Legal Aid Bureau of Frederick County**

22 South Market Street, Suite 11, Frederick, Maryland 21701 ♦ Telephone: 301-694-7414  
Legal assistance to prevent evictions and other housing related crises

## **Emergency Shelters & Transitional Housing Programs**

### **Advocates for Homeless Families**

216 Abrecht Place, Frederick, Maryland 21701 ♦ Telephone: 301-662-2003  
Transitional housing for homeless families and Families Forward Rapid Re-Housing Program

**Changed Life Recovery Program (CLRP)** ♦ Telephone: 301-695-6633, ext. 205

**Faith House** ♦ Telephone: 301-695-6633, ext. 213

Frederick Rescue Mission, 419 West South Street, Frederick, Maryland 21701

Changed Life Recovery Program is a year-long recovery program for men who are homeless due to addiction. Faith House is a 90-day emergency shelter for homeless women and children.

### **Frederick Community Action Agency**

100 South Market Street, Frederick, Maryland 21701 ♦ Telephone: 301-600-1506  
Transitional shelter for homeless families and physically or medically disabled adults

### **Heartly House**

P.O. Box 857, Frederick, Maryland 21705 ♦ Telephone: 301-662-8800

Emergency shelter for survivors of domestic violence; also operates 24-hour hotline, counseling program, and many other services

### **Religious Coalition for Emergency Human Needs**

27 Degrange Street, Frederick, Maryland 21701 ♦ Telephone: 301-631-2670

Emergency shelter for homeless adults (men and women) at the Linton Emergency Shelter and emergency shelter for homeless families in church facilities

## **Homeless or Unaccompanied Youth / Students**

### **Student Homelessness Initiative Partnership of Frederick County (SHIP)**

Email: Info@ShipFrederick.com ♦ Telephone: 240-415-8971

SHIP helps in four primary ways: Clothing, food, funding for extracurricular activities, and emergency shelter when no other options exist

## **Day Shelter Programs**

### **Frederick Rescue Mission**

419 West South Street, Frederick, Maryland 21701 ♦ Telephone: 301-695-6633  
The Frederick Rescue Mission operates a day shelter that opens on days when there is inclement weather and sustained temperatures at or below 32 degrees. The Frederick Rescue Mission erects a "white flag" outside the facility whenever the day shelter is open.

### **Frederick Community Action Agency**

100 South Market Street, Frederick, Maryland 21701 ♦ Telephone: 301-600-1506  
The Frederick Community Action Agency serves as a "back-up" day shelter in the event that other day shelters are unable to open. Please call to verify the day shelter is open.

### **Religious Coalition for Emergency Human Needs (RCEHN)**

27 Degrange Street, Frederick, Maryland 21701 ♦ Telephone: 301-631-2670  
The RCEHN operates a day shelter program during the winter season; the day shelter serves elderly and disabled persons who are residents of the Linton Emergency Shelter.

## **Other Major Resources and Programs**

### **Health Care for the Homeless Program – Frederick Community Action Agency**

Health Care for the Homeless Program / Community Action Health Center  
100 South Market Street, Frederick, Maryland 21701 ♦ Telephone: 301-600-1393

### **Mental Health Care – Frederick County Behavioral Health Services**

Frederick County Health Department  
350 Montevue Lane, Frederick, Maryland 21702 ♦ Telephone: 301-600-1755

### **Mental Health Care – Behavioral Health Partners**

604 Solarex Court, Frederick, Maryland 21703 ♦ Telephone: 301-663-8263

### **Addiction Treatment and Referrals – Concerted Care Group (CCG)**

300-B Scholl's Lane, Frederick, Maryland 21701 ♦ Telephone: 301-600-1775

### **Bread of Life Soup Kitchen & Food Distribution Center – Frederick Rescue Mission**

419 West South Street, Frederick, Maryland 21701 ♦ Telephone: 301-695-6633  
Serves a free breakfast meal daily 7:00 to 8:00 a.m. and a free lunchtime meal Monday-Saturday 12:00 noon to 1:30 p.m. and Sunday 1:00 to 2:00 p.m. Food Distribution Center is open Tuesday, Wednesday, Friday & Saturday 1:30 to 3:30 p.m.; Thursday 5:00 to 7:00 p.m.

### **Soup Kitchen & Foodbank – Frederick Community Action Agency**

100 South Market Street, Frederick, Maryland 21701 ♦ Telephone: 301-600-1506  
Serves a free evening meal Monday through Sunday from 5:30 to 6:30 p.m.; Foodbank provides a 3- to 5-day supply of food and is open 5 days a week

### **Employment and Job Training – Frederick County Workforce Services**

200 Monroe Avenue, Frederick, Maryland 21701 ♦ Telephone: 301-600-2255  
Provides a wide-range of job training, job placement, and educational services

## **Description of Homeless Programs and Services operated by the Frederick Community Action Agency**

**Outreach Services:** FCAA outreach workers perform outreach to local shelters, streets, woods, and other areas where people that are homeless can be found. Staff members strive to meet people who are homeless, familiarize them with available resources, and build trusting relationships.

**Transportation Services:** On weekdays, the FCAA operates a free van run that transports people to a variety of health and human service agencies located around Frederick City.

**Health Care for the Homeless:** The Health Care for the Homeless (HCH) program, initiated in 1989 through a federal grant, provides primary health care, case management, and supportive services to people that are homeless – serving about 1,200 people annually. The FCAA operates a primary health care clinic that is staffed by nurse practitioners, physician assistants, physicians, medical assistants, and case managers.

**PATH Project:** The federally funded PATH Project provides case management, outreach, and transportation services to people that are homeless and have a serious mental illness. Initiated in 1992, PATH Project staff work closely with therapists and psychiatrists from other agencies to ensure adequate access to mental health treatment services for people who are homeless.

**SOAR Program:** The SSI/SSDI Outreach, Assessment and Recovery or SOAR Program helps people who are homeless and disabled to apply for disability benefits available through the Social Security Administration. In addition, the SOAR case manager assists people with obtaining necessary documents, such as birth certificates and photo identification cards, needed to apply for benefits.

**Transitional Shelter:** The Frederick Transitional Shelter for Homeless Families is a 31-bed shelter that was built by the City of Frederick and is operated by the FCAA. The shelter provides transitional housing and a wide range of supportive services for homeless families and physically disabled adults. The Transitional Shelter serves approximately 60 households on annual basis.

**Housing First Program:** The Housing First Program provides subsidized permanent housing to people who need it the most – chronically homeless, disabled individuals who are literally living on the streets of Frederick. With funding from HUD and other sources, the FCAA has established twenty-three (23) scattered-site Housing First units that house twenty-nine (29) different individuals; supportive services like case management and primary health care are provided by FCAA staff. More units are planned for the future.

**Frederick Soup Kitchen:** The Frederick Soup Kitchen provides an evening meal seven days a week and serves over 2,400 meals per month. Started in 1984, the Frederick Soup Kitchen is staffed by a paid cook and over 250 volunteers who serve a free evening meal to anyone in need. The Frederick Soup Kitchen serves up to 110 people a night and more than 25,000 meals are served annually.

**Local "Housing Resource Lists" are available at**  
[www.frederickcountymd.gov/6381/Resources-and-Links](http://www.frederickcountymd.gov/6381/Resources-and-Links)